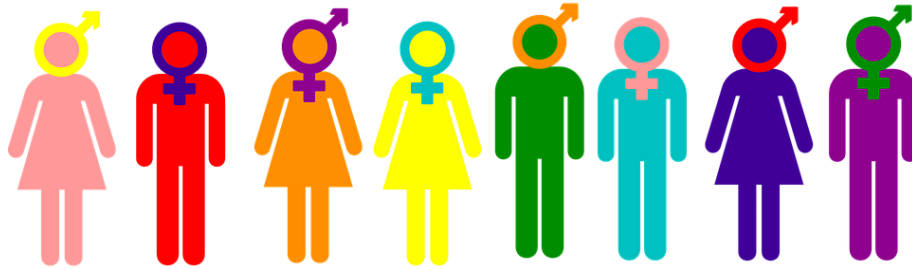


Gender Identity Resources



Introduction

“The term gender identity refers to the personal sense of an individual’s own gender. Because a person’s sex and gender identity do not have to be the same, it is important to know the difference between them” ([Types of gender identity: Types and definitions](#), 2021).

There are numerous resources on the internet that can help us better understand gender identity. The list below can assist to jump-start learning. As with all resources that we share with staff and students, please properly review and vet prior to implementation.

Overview and Terms

[Gender Visibility](#)
[A Guide To Gender Identity Terms](#)



Videos

[Range of Gender Identities](#)
[Gender Identity and Pronouns](#)
[Sexual Orientation and Gender Identity](#)

Lessons Plans

[Teaching About Gender Identity](#)
[Teaching About Gender Inclusive Pronouns](#)
[Teaching Kids About Gender Pronouns](#)
[Teaching About Gender Stereotypes](#)



**Los Angeles County
Office of Education**

Expanded Learning Technical Assistance