

# HEALTHY BEHAVIORS COMMUNITY OF PRACTICE



**Did you know:** Childhood Obesity is the #1 health challenge facing young people today. The students in your expanded learning program are part of the first generation in our history that is not expected to outlive their parents—one in every three students who are overweight will have Type 2 Diabetes as an adult unless we act. Helping students develop healthy eating habits and make smart choices is critical, and **your program can make a greater difference than you think!** Learn how by joining this community of practice and strengthen your nutrition and physical activity practices.

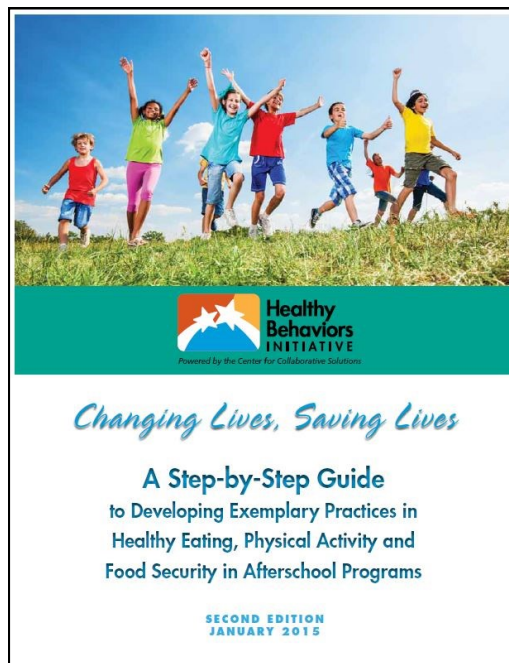
**December 13th 8:00AM—Noon**

**Program Directors  
Site Coordinators  
Frontline Staff**

Join field leader Bruno Marchesi and  
Focus on Exemplary Practices

Receive Free Materials and Resources

Opportunities to Visit Exemplary Sites



**<http://aspire.lacoe.edu>**