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After School

Information and resources about healthy snacks, nutrition education, and physical activity for after school programs.

Reimbursable Snack and Meal Programs

[Federally Reimbursable Snack & Meal Programs](#)

This convenient chart highlights key components of the federally reimbursable snack and meal programs to assist After School Programs in deciding which program is the best fit.

[Making the Most of Child Nutrition Funding: A Guide for After School Education and Safety Grantees](#) [↗](#)

The Food Research and Action Center (FRAC) developed this California-specific guide to help grantees understand the basics of the child nutrition programs. It offers suggestions on which nutrition programs make the most sense in which circumstances, and provides tips on how to operate the nutrition programs successfully.

[Snack & Meal Standards for After School Programs](#)

This fact sheet identifies the federal reimbursable snack requirements as well as the state nutrition standards for snacks and meals offered in after school programs.

[USDA's CACFP Afterschool Programs](#) [↗](#)

This site provides general information about the At-Risk Afterschool Meals Program.

Healthy Snacks: Guides, Resources and Training Opportunities

[Afterschool Nutrition Programs](#) [↗](#)

The FRAC site provides a variety of information including best practices, outreach materials, tools, and strategies to help afterschool providers and anti-hunger advocates get more healthy snacks and meals to children.

[California After School Resource Center](#) [↗](#)

The center offers online courses and resources on healthy snacks, nutrition education, physical activity, and related workshop opportunities.

[Healthy Behaviors Initiative](#) [↗](#)

The Center for Collaborative Solutions (CCS) developed and implemented a multi-year initiative to help after school programs improve the health of children and families in after school programs through improved nutrition, improved physical activity, and increased food security. CCS offers resources, learning centers, and training opportunities.

[Healthy Snack Guide for Your After School Program](#) [↗](#) (PDF)

CANFIT's guide provides snack menus using foods that are easily obtained at convenience stores and fall within the federal reimbursement rate budget. There are also two-week sample cycle menus, their Best Practice Guidelines, and 26 healthy recipes.

[Project LEAN's School Food Calculator](#) 

The calculator allows you to enter nutrition data on snack items to determine if the items meet the California nutrition standards.

[USDA's At-risk Afterschool Meals Program Handbook](#)  (PDF)

This handbook addresses CACFP requirements that apply to At-Risk Afterschool Meals sponsors, including eligibility requirements, how to apply, meal patterns and food service requirements, reimbursement, and more.

For more information on after school programs, visit [Before & After School](#).

Questions: Nutrition Services Division | 800-952-5609

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