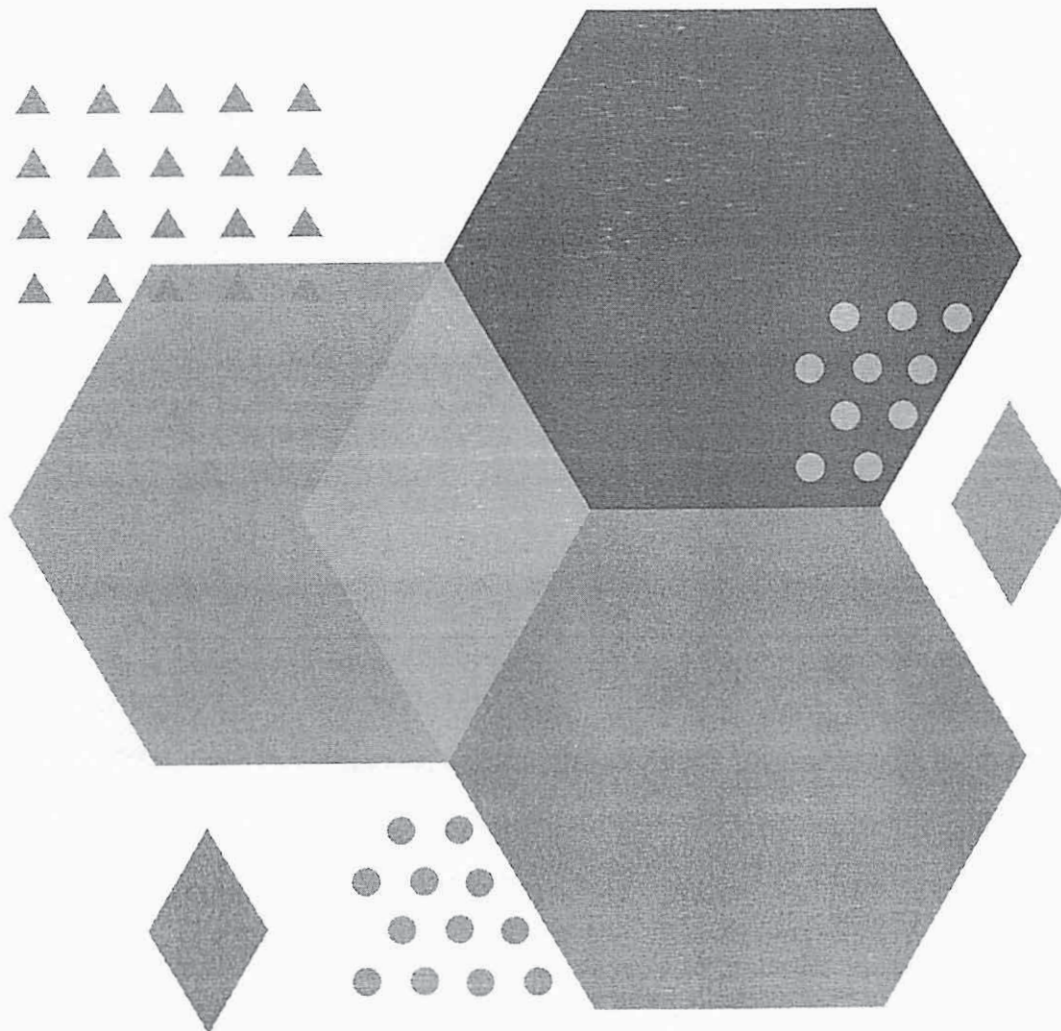
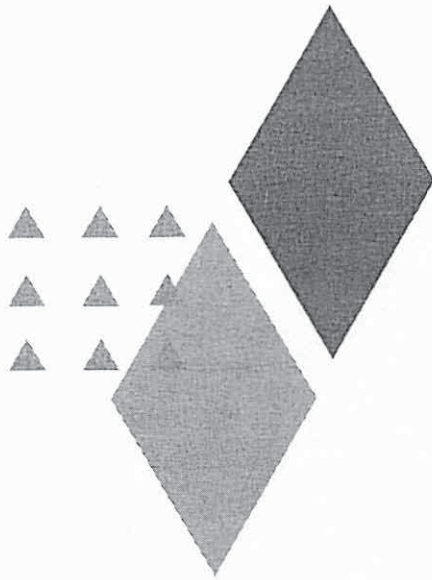


south central los angeles regional center



list of services





list of services

Service Data FY 16-17

This is a list of services commonly requested services by age group. It is intended to be a guide for consumers/families. Not all consumers/families will be eligible to receive all of the services listed because services, by law, are based on individual needs. Please discuss your individual needs with your service coordinator.

Ages 0 - 3 years

Ages 3 - 10 years

Ages 11 - 17 years

18 years old and Above



birth to three years of age

Your child has recently entered the South Central Los Angeles Regional Center (SCLARC) Early Start Program. We are sure that you have many questions, concerns about what to do next. Early Start Services are listed below with a brief explanation of the support and when it is important for an infant or toddler.

*This is a list of services commonly requested services by age group. It is intended to be a guide for consumers/families. Not all consumers/families will be eligible to receive all of the services listed because services, by law, are based on individual needs. **Please discuss your individual needs with your service coordinator.***

Case Management

An Early Start Service Coordinator (SC) will be assigned to you to develop the Individual Family Service Plans (IFSP) and assist the family with arranging appropriate services.

Assessments

Each infant/toddler receives a developmental assessment by a specialist to identify developmental progress and intervention needs. This assessment provides the family and the regional center with developmental information that is used to determine the services and supports that may be needed. As each infant/toddler is unique, the types of services and supports he/she will need will vary.

Occupational Therapy

After your child's developmental assessment is completed, services and supports will be identified to help with any delays found during the assessment. One option through SCLARC is the referral to licensed and registered Occupational Therapists who have years of experience working with children birth to three years of age. For children with developmental delays or a known physical or mental condition associated with a high probability of delays, occupational therapy can help improve their motor, cognitive, sensory processing, communication, and play skills. The goal is to enhance development, minimize the potential for developmental delay, and help families to meet the special needs of their infants and toddlers. Your Early Start Service Coordinator will provide you with referrals of available Occupational Therapists to address your child's developmental needs. Parent participation is crucial so that the family can utilize the activities to encourage and continue the child's progress and development.

Please discuss your individual needs with your service coordinator.

Physical Therapy

After your child's developmental assessment is completed, services and supports will be identified to help with any delays found during the assessment. One option Through SCLARC is the referral to licensed and registered Physical Therapists who have years of experience working with children birth to three years of age. Physical therapy is for the preservation, enhancement, or restoration of movement and physical function impaired or threatened by disability, injury, or disease that utilizes therapeutic exercise, physical modalities (as massage and electrotherapy), assistive devices, and patient education and training. Your Early Start Service Coordinator will provide you with referrals of available Physical Therapists to address your child's developmental needs. Parent participation is crucial so that the family can utilize the activities to encourage and continue the child's progress and development.

Speech Therapy

As your child develops, around the ages of 18-24 months, you may notice delays in speech and language. SCLARC has a variety of Licensed Speech and Language Pathologists (Speech Therapists) who will assess and develop therapy plans to encourage and increase your child's speaking and communication ability. Your Early Start Service Coordinator will provide you with referrals of available Speech Therapists to address your child's developmental needs. Parent participation is crucial so that the family can utilize the activities to encourage and continue the child's progress and development.

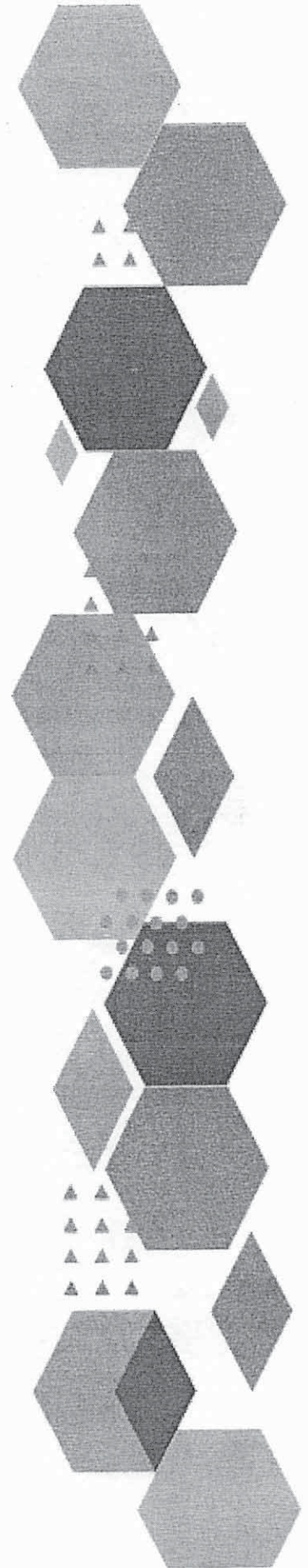
Feeding Therapy

You may find that your child has trouble swallowing, chewing or refuses many foods due to texture. If feeding issues are identified, SCLARC may refer you to a specialist who can assist you as you work with your child. There are Speech Therapist and Occupational Therapists who specialize in Feeding Therapy. Your Early Start Service Coordinator will provide you with referrals of available Feeding Therapists to address your child's developmental needs. Parent participation is crucial so that the family can utilize the activities to encourage and continue the child's progress and development.

Nursing supports

If your child needs nursing supports, your Early Start Service Coordinator will assist you with possible referrals. Many insurance companies or specialized services, such as EPSDT, provide assistance.

Please discuss your individual needs with your service coordinator.





Infant Development Services

Infant Development Services can be provided at home or in a therapeutic pre-school type setting in which your child receives supports and education to address developmental issues. The in-home service and pre-school type programs have special teachers as well as Occupational, Physical and Speech Therapists. Parent observation and participation provide the family with the skills needed to address the child's developmental needs on an ongoing basis and in any environment.

Behavior Services (Funded if family is exempt from SB 946 insurance requirement.)

Behavior intervention services are specialists who provide training and instruction to assist families, clients and caregivers in developing positive strategies and techniques to manage behaviors. ***Parent participation is required!***

Behavior classes

Mentor (Family Behavioral Services) offers training classes for parents held at the regional center to learn strategies and techniques for developing positive behavior strategies. This program also offers Toilet Training Classes!

Support Groups

SCLARC has a variety of support groups for individuals/families that are offered at our center. Please contact the Family Resource Center at (213) 744- 8882 for more information.

IEP Support from SCLARC Educational Team

A referral to our Ed Support team can be made for families who may need assistance with the IEP process and/or getting appropriate services through the school districts.

Family Resource Center

Our parent run center offers support groups and referrals to valuable generic resources. Please call (213) 744- 8882 for more information.

Translation

IFSP Translation services are available upon request for parents whose primary language is not English.

Incontinence supplies

Referrals can be made to assist families with securing supplies available through Medi-Cal or through SCLARC funding if no other source is available.

Please discuss your individual needs with your service coordinator.

Formulas and Nutritional Supplements

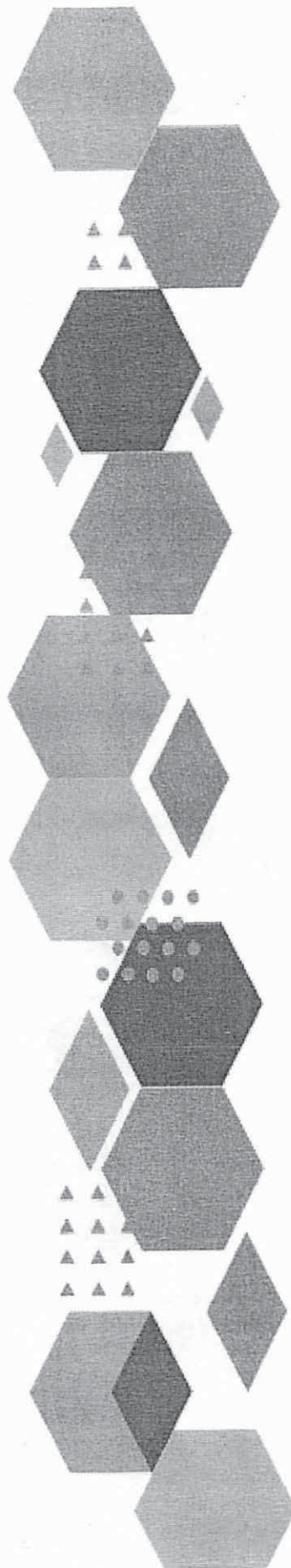
SCLARC will assist families exploring generic resources when there is a medical need for Formula or Nutritional Supplements. In the event that all generic resources have been explored and exhausted, SCLARC will consider purchasing Formula or Nutritional Supplements as the payer of last resort.

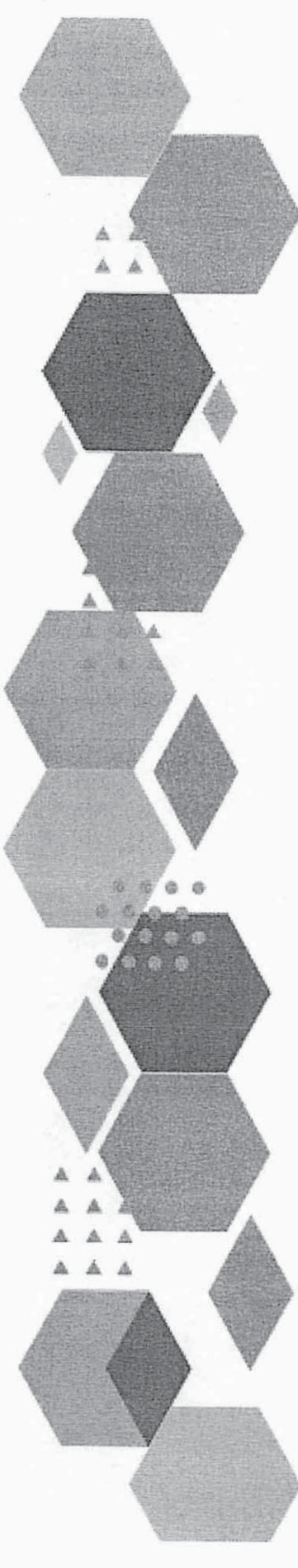
Transition

All SCLARC families will transition out of the Early Start Program by the child's third birthday. SCLARC begins the Transition process as early as a child's second birthday by providing families with information at the IFSP (Individual Family Service Plan) Meeting. Goals are developed and included in the child's IFSP and a transition meeting is scheduled with the local school district when a child is 30 months but no later than 33 months. Every child in the Early Start Program is referred to the Local Education Agency no later than 33 months-of-age for an IEP (Individual Education Plan) and Special Education Services.

Transportation

Children 0-3 years of age are eligible to receive transportation and related costs necessary for a child and his or her family to receive services pursuant to the Individualized Family Service Plan. To the maximum extent appropriate to the needs of the child, transportation services shall be provided in settings natural or normal for children of the same age who have no disability. On an exceptional basis, when the child cannot be transported by family members due to the family member's illness or disability, or via public transportation due to the child's disability, the Regional Center may provide funding through the use of a voucher or the lowest cost, vendored provider. SCLARC will also request a sufficient written documentation from the family demonstrating that the family members are unable to provide transportation for the child (WIC §4648.35).





young school age children three to ten years

Your child has recently entered the public school system and we are sure that you have many questions about the supports that South Central Los Angeles Regional Center (SCLARC) has available. Young, school age services are listed below with a brief explanation of the support and when it is important for Young, School Age Children.

This is a list of services commonly requested services by age group. It is intended to be a guide for consumers/families. Not all consumers/families will be eligible to receive all of the services listed because services, by law, are based on individual needs. Please discuss your individual needs with your service coordinator.

Case Management

A Service Coordinator (SC) will be assigned to oversee the case, develop Individual Program Plans (IPP) and assist the family with arranging appropriate services.

Crisis Support Services

SCLARC has a crisis response teams that provide support when individuals and families are in crisis due to emotional or serious behavior issues. You can sign up with a team, which we recommend, before there are problems for on-going support and wellness checks.

In-home Respite Care

Parents and other family support providers can get periodic assistance with the constant care and supervision of a client to relieve family stress or in emergencies.

Overnight/out of home respite

SCLARC can provide up to 21 nights per year to provide support while a parent/guardian is out of town and unavailable to provide care.

Day Care supports (sometimes referred to as Specialized Supervision)

Parents who are working or in school full time may be eligible for additional hours to provide for supervision primarily during after-school hours.

Behavior Intervention (Funded if family is exempt from SB 946 insurance requirement)

Behavior intervention services are specialists who provide training and instruction to assist families, clients and caregivers in developing positive strategies and techniques to manage behaviors. **Parent participation is required!**

Please discuss your individual needs with your service coordinator.